

Safeguarding Children

Dear Parent(s)

Please find a list of Support Services available to families should you need them during the school closure. I wish you and your children good health and well-being during this time of uncertainty. If you need any pastoral support or advice, you can email me at the address below and I will endeavour to contact you as soon as possible.

Take care of each other and keep yourselves safe.

Best wishes

Mrs Marie McSheffrey

Vice Principal and Designated Teacher for Child Protection

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| **Who can Help?** | **What Do They Do?** | **What Topics Can They Help With?** | **How Can They be Contacted?** |
| **Lifeline** | Crisis response line for people in distress. | Depression  Mental health  Textphone users (for deaf and hard of hearing) | 08088008000  18001 0808808800 |
| **Childline** | Childline provides support and guidance on multiple topics including: | Bullying  You and your body  Home and Family  Relationships  School | 0800 1111  [www.childline.org.uk](http://www.childline.org.uk)  1-2-1 counsellor chat |
| **NSPCC** | Advice on safeguarding and child protection issues and somewhere to report concerns.  Web support | Safeguarding  Child abuse  Child protection | 08088005000  [www.there4me.com](http://www.there4me.com) |
| **Frank** | Confidential advice on drugs. | Alcohol  Drugs | 03001236600 |
| **SIMON Community** | Support for individuals and families who are at risk of becoming homeless. | Homelessness  Housing | 08001712222 |
| **Domestic and Sexual Violence Helpline** | Advice for anyone affected by domestic and sexual violence. | Domestic violence  Sexual violence | 0808021414 |
| **The Migrant Centre NI** | Financial Health and Well-being. |  | 07769903471 |
| **The HideOut** | Web space to help children and young people understand domestic abuse and how to take positive action. | Domestic Violence | [www.thehideout.org.uk](http://www.thehideout.org.uk) |
| **Family Support NI** | Website to access support in your area for a wide range of issues. |  | [www.familysupportni.gov.uk](http://www.familysupportni.gov.uk) |

Gateway 71314090 (Social Services)